

Recharge. Recover. Restore.

Experience Mild Hyperbaric Oxygen Therapy (mHBOT)

at Christian Medical Ministries



What is mHBOT?

Mild Hyperbaric Oxygen Therapy uses a soft-sided pressurized chamber to gently increase atmospheric pressure (up to 1.3 ATA). During treatment, **oxygen absorption is naturally enhanced**, (supplemental oxygen can be added if desired) to further **support healing**, **reduce inflammation**, and **promote overall wellness**.

Why Try mHBOT?

A natural, drug-free treatment that helps your body heal from the inside out:

- **Chronic Illness Recovery**
Supports healing from CIRS (mold illness), Lyme disease, and Long COVID
- **Pain, Fatigue & Inflammation**
Relieves joint pain, fibromyalgia, and post-viral exhaustion
- **Brain Fog & Neurological Support**
Enhances mental clarity, eases migraines, and aids concussion recovery
- **Stress, Sleep & Nervous System Balance**
Deeply relaxing therapy that supports better rest and resilience
- **Skin Health & Anti-Aging**
Boosts circulation and collagen for a healthy, refreshed glow
- **Athletic Performance & Recovery**
Speeds muscle recovery, reduces inflammation, and supports endurance



Gentle pressure. Real results. Proven by nature

Pricing


Single Session: \$150/hour

Package Discounts Available – ask about our 5- and 10-session bundles

1-Hour Private Sessions | No Referral Needed

Now Open to the Public

11934 Fairway Lakes Dr. Suite 2, Fort Myers, FL

 Call or Text: (239) 308-7107

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 christianmedicalministries.org



Wellness with Purpose

Your HBOT session helps fund free, holistic care for low-income individuals living with chronic illness.

When One Person Heals, a Community is Restored!

Your session not only supports your own health, but also the health of others in your community through our nonprofit mission.